



Backpack Campout Pack List



Recommended Equipment

Backpack with frame
Sleeping bag
Foam pad
Ground cloth
Pack cover / garbage bags

Comfortable hiking shoes
Poncho / rain gear
Bandana
Extra shorts (1 pair)
Extra t-shirt (2)
Extra underwear (1 pair)
Extra socks (2 pair)
Long-sleeved shirt

2 1-quart water bottles
First Aid kit w/ moleskin
Compass

Recommended Equipment

Cup / Bowl / Spoon
Coffee-cup style mug
Flashlight
Extra batteries

Pocket knife
Hand towel
Toothbrush / toothpaste
Bio-degradable soap
Comb
Baseball hat
Sunscreen

Medication

Optional Equipment

Advancement Booklet
Pen and paper
Camera / film
Pillow

Insect repellent
Sunglasses
Rope for clothes line
Extra shoes

Do Not Bring!

Radios / Walkman
Hand warmers

Magazines
Backpack stoves

Sneakers
Backpack fuel

Gym bag
Sheath knife

Pack all clothes in Ziploc waterproof bags! This is a sample food list, and not all of this food is required for the weekend. Only food that is immediately edible, can be cooked over a wood fire, or can be cooked using only hot water is suitable. Large canned goods are not appropriate for backpacking due to the excess weight.

Multi-piece mess kits are not needed - only a cup, bowl, and spoon. Pack all food and water bottles in zip lock bags. Make sure your water bottles both are filled before you leave home! Each meal should be packed separately for ease in finding once we are on the trail. The zip lock bag can then be used for packing out uneaten food and garbage from the meal.